DDMMMYYYY

# MEMORANDUM

From: MIDN X/C First M. Last, USNR

To: MIDN X/C Last, Billet

Subj: MIDN X/C LAST BRAG SHEET

1. Academics.

 a. School:

 b. Major:

 c. QGPA:

 d. Grades:

 (1)

 (2)

 (3)

 (4)

2. Physical Fitness.

 a. PFA Date: DDMMMYYYY

 (1) Push-ups:

 (2) Sit-ups:

 (3) Run time:

 (4) Total:

 b. BCA:

3. Unit Activities and Participation

 a. Activity

 b. Activity

 c. Activity

4. Strengths.

 a. Strength

 b. Strength

 c. Strength

5. Other.

 a. Activity

 b. Activity

 c. Activity

6. Personal Statement.

 Write personal statement here.

 F. M. LAST

 MIDN X/C